## OPINION MONITORING: SEPTEMBER-OCTOBER 2019

VCIOM-Sputnik daily survey results. The survey method is stratified dual-frame sample consisted of telephone interviews. The sample is based on a complete list of landline and mobile phone numbers operating in Russia and involves 1,600 persons. The data were weighted for the probability of selection and reflect social and demographic characteristics. The margin of error at a $95 \%$ confidence level does not exceed $2.5 \%$.

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## POLITICS

Women in politics: Russian version

## WOMEN IN POLITICS: RUSSIAN VERSION

September 12, 2019
As three years ago, most of Russians (78\%) perceive positively women's political participation ( $79 \%$ in 2016). An overwhelming majority of respondents ( $81 \%$ ) believe that women should participate in politics equally with men ( $82 \%$ in 2016 ). The share of those who positively perceive women's participation in politics has increased by 13 p.p. over eleven years; today $40 \%$ of respondents consider that today the number of female politicians in Russia is sufficient.


Image 1. How do you perceive the fact that many women participate in politics today? (closed-ended question, one answer, \% of total respondents)


Image 2. Do you agree/disagree that women should participate in politics at similar levels to men? (closed-ended question, one answer, \% of total respondents)


Image 3. In your opinion, should there be a greater/smaller number/just the same number of female politicians in Russia, or should women not participle in politics? (closed-ended question, one answer, \% of total respondents)


Image 4. What disadvantages do the female politicians have compared to men? (openended question, up to 3 answers; answers of at least 1\% of respondents)


Image 5. What advantages do the female politicians have compared to men? (open-ended question, up to 3 answers; answers of at least $1 \%$ of respondents)


Image 6. Can you name three Russian female politicians that come to your mind first? (open-ended question, up to 3 answers; answers of at least 1\% of respondents)

## SOCIAL AND ECONOMIC ISSUES

From almsgiving to volunteering: how Russian charity evolves
Russian youth career: opportunities and difficulties

## FROM ALMSGIVING TO VOLUNTEERING: HOW RUSSIAN CHARITY EVOLVES

September 2, 2019
Sixty-nine percent of Russians have participated in charity activities at least once over the recent five years. Today fewer Russians give alms ( $24 \%$ vs $30 \%$ in 2017; 32\% in 2009; 36\% in 2007). Nineteen percent of respondents regularly participate in charity activities; $68 \%$ would like to be involved in charity activities in the future.

$\square$ Yes, I have; form of charity specified No, I have not ■ Don't know

Image 1. Have you personally participated in charity activities over the recent four or five years, or not? (closed-ended question, any number of answers, \% of total respondents)


Image 2. Have you personally participated in charity activities over the recent four or five years, or not? If yes, what type of charity activity? (closed-ended question, any number of answers, \% of total respondents)


Image 3. How often over the recent four or five years did you participate in charity activities? (closed-ended question, one answer, \% of respondents who have personally participated in charity activities over the recent four or five years)


Image 4. What types of charity activities are you ready to take part in? Any number of answers (closed-ended question, any number of answers, \% of respondents who are ready to take part in charity activities in the future)

## RUSSIAN YOUTH CAREER: OPPORTUNITIES AND DIFFICULTIES

September 14, 2019
Every fifth respondent considers that it is not hard for youth to make a career in the areas which require specific skills (19\%). Those who think so are mainly Russians aged 18-24 (13\%), 25-34 (25\%) and 35-44 (24\%). Respondents say that the most available areas, in terms of professional self-realization, requiring specific skills are sport (41\%) and creative work (36\%). Making a career in business, public service or politics is harder ( $77 \%, 73 \%$ and $73 \%$ respectively).

Table 1. In your opinion, is it hard today for young people to make a career and to be successful in the following areas? (closed-ended question, one answer, \% of total respondents)

|  | Very <br> easy | Quite easy | Quite <br> hard | Almost <br> impossible | Don't know |
| :--- | :--- | :--- | :--- | :--- | :--- |
| Sport | 7 | 34 | 44 | 6 | 9 |
| Science | 2 | 20 | 50 | 14 | 14 |
| Creative jobs | 6 | 30 | 41 | 9 | 14 |
| Business | 2 | 15 | 60 | 17 | 6 |
| Public service | 1 | 15 | 49 | 24 | 11 |
| Politics | 2 | 12 | 46 | 27 | 13 |

## LIFESTYLE

Life at work: finding a balance

## LIFE AT WORK: FINDING A BALANCE

September 9, 2019
Most of Russians are satisfied with their job (79\%). Half of Russians work less than 41 hours a week; and half, more than 41 hours a week. Forty-five percent of Russians have a sedentary nature of work; $44 \%$ have physically active jobs; $8 \%$ say that their job is equally sedentary and physical. Seventy percent of Russians work at the employer's premises; every fourth $(26 \%)$ works on the street, on the move or has a remote job.


Image 1. How many hours a week (from Monday to Sunday) do you spend at work? General number of hours; total work hours for seven days (open-ended question, one answer, \% of those who work)


■ Predominantly sedentary job (physical work load is almost absent)

- Predominantly physical job (with physical work load)

■ Equally sedentary and physical job
■ Other
■ Don't know

Image 2. How would you describe the nature of your main job? (closed-ended question, one answer, \% of those who work)


Image 3. Do you work mainly at employer's premises or outside? (closed-ended question, one answer, \% of those who work)


Image 4. Are you generally satisfied with your current job? (closed-ended question, one answer, \% of those who work)

Table 1. Now I will read different workplace conditions. Please indicate which ones you have, and the ones you do not have at your work (closed-ended, one answer per line, \% of those who work)

|  | Yes | No, but I would <br> like to have this <br> opportunity | No, and I would <br> not like to have <br> this opportunity, <br> or this is not <br> important to me | Don't know |
| :---: | :---: | :---: | :---: | :---: |
| Opportunity to make a pause, to <br> rest | 70 | 12 | 16 | 2 |
| Opportunity to have meal <br> breaks | 89 | 5 | 6 | 0 |
| Opportunity to have a workplace <br> warm-up, fitness opportunities | 56 | 14 | 28 | 2 |
| Opportunity to have a regular <br> health check for free | 62 | 19 | 17 | 2 |
| Good/ neutral relationships <br> within the team, with the <br> superior | 83 | 5 | 9 | 3 |

